

TEST REPORT

8605 SW Creekside Place
Beaverton, OR 97008
Phone: 503-466-2445 Fax: 503-466-1636



2018 07 01 211 BU

Ordering Provider:
Jane Getuwell, MD

Samples Received
07/09/2018

Report Date
07/12/2018

Samples Collected
Blood Spot - 07/03/18 07:40
Urine - 07/03/18 07:00
Urine - 07/03/18 22:00

Patient Name: Comprehensive Toxic & Essential Elements
Patient Phone Number: 555 555 5555

Gender Male	Height 5 ft 9 in	Waist 36 in
DOB 4/12/1980 (38 yrs)	Weight 173 lb	BMI 25.5

TEST NAME	RESULTS 07/03/18	RANGE
Toxic & Essential Elements - Blood		
Zinc	7.10	5.04-8.46 mg/L
Copper	0.73	0.59-1.03 mg/L
Ratio: Zn/Cu	9.7	6.6-10.8
Magnesium	45	27-49 mg/L
Selenium	297 H	116-314 µg/L
Cadmium	0.45	<1.04 µg/L
Lead	0.59	<2.23 µg/L
Mercury	22.92 H	<5.29 µg/L
Toxic & Essential Elements- Urine		
Iodine	112	100-380 µg/g Cr
Bromine	738	700-4800 µg/g Cr
Selenium	59	34-220 µg/g Cr
Lithium	15	10-218 µg/g Cr
Arsenic	65 H	<42 µg/g Cr
Cadmium	0.04	<0.72 µg/g Cr
Mercury	1.49	<1.58 µg/g Cr
Creatinine	2.47 H	0.3-2.0 mg/mL

<dL = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

CLIA Lic # 38D0960950
8/14/2018 8:03:30 AM

The above results and comments are for informational purposes only and are not to be construed as medical advice. Please consult your healthcare practitioner for diagnosis and treatment.

David T. Zava

David T. Zava, Ph.D.
Laboratory Director

AD McAllister ND

Alison McAllister, ND.
(Ordering Provider unless otherwise specified on page 1)

Therapies

10mg oral DHEA (OTC) (1 Days Last Used) 10mg oral Pregnenolone (OTC) (1 Days Last Used)