

Gastropanel Instructions

BH001

Read all instructions carefully before booking your blood draw

Important information

- Blood draw appointments should be booked on Monday, Tuesday or Wednesday mornings only.
- The sample must be shipped within 24 hours of collection.
- Call Invivo at least 24 hours before your blood draw appointment.

Patient preparation

10 hours (4 hours absolute minimum) prior to collecting the sample, do not:

- Eat
- Drink
- Smoke

We do not recommend patients discontinue prescribed or regular medications / supplements without seeking advice from a suitably qualified medical practitioner. However, some medications / supplements are known to have an impact on results. Please write any use of PPI-medicines on the test requisition form.

Phlebotomist instructions

1. Ensure the patient has fasted (minimum of 4 hours but preferably overnight).
2. Collect blood into the EDTA (lavender topped) tube provided.
3. Write in block capitals, using a permanent marker, the following information on the test requisition form and the EDTA tube. If any of this information is not present the sample cannot be processed.
 - Patient's full name
 - Patient's date of birth
 - Date of sample collection
 - Time of sample collection
 - Temperature at which the sample will be stored and transported (e.g. room temperature)
4. Place the EDTA tube into the biohazard bag and seal the bag.
5. Place the completed test requisition in the outside pocket of the biohazard bag.
6. Place the biohazard bag into the kit box.
7. Place the box inside the unpaid addressed grey mailing bag and into the FedEx clinical pack provided.
8. Ensure the sample is ready for collection by FedEx.

Kit contents

Please do not discard the contents until after completion of the test.

- 1 EDTA tube
- 1 biohazard bag
- 1 test requisition form
- 1 unpaid addressed grey mailing bag
- 1 FedEx clinical pack and document holder

Sample Shipping

UK:

Identify if the sample will be collected at the phlebotomy laboratory or an alternative address.

Contact Invivo on +44 (0)333 241 2997 once you have booked your blood draw appointment to arrange the FedEx collection. This must be done at least 24 hours prior to the blood draw appointment.

The shipping documents will be sent to the chosen collection address. These must be printed and placed inside the purple document holder on the FedEx clinical pack.

Seal the completed test kit inside the FedEx clinical pack provided, with the FedEx shipping documents visible in the clear document holder.

Outside the UK:

Arrange an international priority service using a courier of your choice. A FedEx clinical pack is provided if required.

The address of the laboratory is provided on the unpaid addressed grey mailing bag.

Do not send the sample through the normal postal service. It is illegal to ship biological samples using the US postal service.

It is advisable to contact Invivo ahead of shipping to make them aware of an international delivery.