

GI-MAP | Zonulin | H.Pylori

DSL001 | DSL006 | DSL007 | DSL003

Read all instructions carefully before beginning

Hazards and precautions

- HAZARD: fluid in the faecal collection vial is harmful.
- Keep out of the reach of children.
- Avoid contact with the skin and eyes.
- At high altitude this vial may be pressurised – cover vial cap with a cloth and remove cap slowly.
- If contact with eye(s) occurs: flush with clean water thoroughly for at least 15 minutes.
- If contact with skin occurs: wash thoroughly with soap and water.
- If accidentally ingested: contact your local poison control centre immediately.
- Contact a suitably qualified medical professional immediately if an adverse reaction occurs due to exposure.

Kit contents

- 1 test requisition form
- 1 biohazard bag
- 1 absorbent white sheet
- 1 faecal collection device
- 1 pair of latex-free gloves
- 1 specimen vial
- 1 unpaid addressed grey mailing bag

Important information

- Samples must only be collected and shipped on Monday, Tuesday or Wednesday.
- The sample must be shipped within 24 hours of collection.
- Do not remove the liquid in the sample collection vial.

Patient preparation

Invivo do not recommend any changes to prescribed or regular medications / supplements without seeking advice from a suitably qualified medical professional. Some medications / supplements are known to have an impact on the test results. If possible, follow the guidelines below:

Medication / supplement considerations

3 days before taking your sample, consider stopping:

- Anti-inflammatories
- Steroids

24 hours before taking your sample, consider stopping:

- Vitamin C >250mg/d
- NSAIDS
- IBS medication

Note:

- Steroid cream: shower before & ensure all washed off
- Long term antibiotics can be continued
- Long term probiotics can be continued

Sample collection

1. Write in block capitals, using a permanent marker, the following information on the test requisition form and sample vial.
 - Your full name
 - Your date of birth
 - Date of collection
2. Attempt to empty bladder prior to collecting the stool sample.
3. Put on the disposable gloves.
4. Remove the faeces collection device from its packaging and gently place the device around the toilet seat. Do not let the collection device touch the water.
5. Complete the stool sample onto the collection device. Take care not to contaminate the sample with urine.
6. Unscrew the cap from the specimen vial. Using the spoon attached to the cap, transfer the stool specimen into the vial. Take multiple samples from different sections of the stool.
7. Check to make sure the volume of sample exceeds the “red fill line” on the side of the vial.
8. Screw on the vial cap tightly.
9. Shake the vial vigorously until the stool specimen is completely mixed with the liquid preservative in the vial.
10. Rip both sides of the paper above the toilet seat and let the collection device fall into the toilet bowl. Wait 3 minutes until the device is water saturated before flushing
11. Dispose of gloves appropriately.
12. Place the specimen vial into the zip-lock side of the biohazard bag, with the white absorbent sheet. Seal the bag tightly.
13. Place the completed test requisition form into the side pocket of the biohazard bag. Do not place it in the same pocket as the sample.
14. The biohazard bag should now include; the sample vial, the white absorbent sheet, and the completed test requisition form. Place the biohazard bag into the test kit box it arrived in.
15. Place the test kit box into the unpaid addressed grey mailing bag.

Sample shipping

UK:

Take the unpaid addressed grey mailing bag to the post office and send "Special Delivery Guaranteed by 1pm" on a Monday, Tuesday, or Wednesday only.

EU:

To arrange sample shipment, contact your local FedEx depot at least 24 hours prior to your chosen sample collection date.

Place the completed test kit inside the FedEx clinical pack provided. Ensure the FedEx pack is completely sealed, and the FedEx shipping documents are visible inside the clear document holder.

Outside the EU:

Arrange an international priority service directly to the laboratory using a courier of your choice. A FedEx clinical pack is provided if required.

The address of the laboratory is provided on the mailing bag.

Do not send the sample through the postal service. It is illegal to ship biological samples using the US postal service.

It is advisable to contact Invivo ahead of shipping to make them aware of an international delivery.